HEALTH AND WELLNESS COMMITTEE OF THE COA

Meeting Notes February 7, 2017 9-10:30am

7300 Calhoun Place, Room 6C, Rockville, MD

In Attendance: David Denton, Judy Peres, Hileia Seeger, Syed Yusuf, Revathi Vikram

Staff: Tina Purser Langley

Guests: Marcia Weber, Dr. Alan Kaplan, Tammy Duell, Beth K. Shapiro, Aryeh Baronofsky, Robyn Elliot, Maryland Dental Action Coalition, Shenita R. Freeman, WISH Program Director, Jeff Goldman, VP Population Health / Director Nexus Montgomery,

Primary Care Coalition

Topic	Discussion Points	Decisions/follow-up
1. Welcome and Introductions	1. Additional committee members needed.	Community partners and new Commissioners to be recruited this spring.
2. Assign Note taker	2. Tina Langley and David Denton agreed to share notes and prepare minutes for this meeting.	2. Will continue asking for volunteers to record meeting minutes. Goal is to rotate responsibility each meeting.
3. Age Friendly	3. Support and alignment from CoA and Committees	
Montgomery: Senior	a) Aging in Place/Community & Planning	
Agenda Objectives	Committee	
	b) Health Planning, Services & Community	
	Supports Committee	
	c) Communications & Community Outreach	
	Committee	
	d) Public Policy Committee	
4. FY 2018 CoA ranking	4. FY 2018 CoA ranking of priorities	
of priorities	a) Additional APS and Public Guardian Staff	
	b) Funding for additional small group homes with	
	escorted transportation subsidies	

	c) Senior Plus resources – Rec. Dept.	4.
		 c. Montgomery County Department of Recreation is preparing a 3-year strategic plan for Senior Plus.
5. 2016 Health and	5.	'
Wellness Committee	a. Continuation of Dental Summer Study	5.
Initiatives/Interests	 Provide input on development of new Maryland Oral Health Plan. Support legislation to expand dental hygienists services into assisted living facilities and nursing homes. Potential Partners: Maryland Dental Action Coalition (HB 100 Law). Provide the Montgomery County Executive and the Montgomery County Council with a copy of the Commission on Aging's Expanding and Enhancing Dental Health Services for Older Adults in Montgomery County final report and recommendations. Advocate for funding to be included in the State budget for Medicaid coverage of dental services for adults. Potential Partners: Maryland Dental Action Coalition, state/ other county Commissions on Aging, Montgomery County delegation, United Seniors of Maryland, Anne Arundel Oral Health Task Force and others. Note: NACO 15% discount dental program launch MoCo Jan. 12th 	 a. Robyn Elliot, Maryland Dental Action Coalition attended the meeting by phone and provided an update of their activities. • Judy Peres will represent the CoA on the Maryland Dental Action Coalition public policy/legislative committee. • Funding Maryland Adult Oral Health Plan is not realistic this year. Revenue is down & there is a "holding pattern" in anticipation of changes in the ACA from the Trump Administration. • Support HHS; Governor/Budget Office in creating a pathway for next year. • Support SB 169 call for a study regarding utilization of Emergency Departments for underlying oral health problems. Reference Anne Arundel County's Oral Health Task Force, which mapped out ED utilization for oral health care by zip codes and diagnosis.

6. 2017 Committee Priorities

- b. Dementia Friendly America, Montgomery County Initiative
- Public launch event with Mr. Leggett Monday December 5, 2016
- http://www.aarp.org/livablecommunities/network-age-friendlycommunities/info-2016/dementia-friendlycommunities.html
- c. NEXUS Montgomery WISH (Wellness & Independence for Seniors at Home)
- 6. Support and Advocacy
 - a. Continuation of Dental Summer Study efforts
 - b. Montgomery County DFAi
 - NEXUS Montgomery, WISH population health targeting at-risk seniors living in community.
 Connecting seniors to community resources with health coaches - promote successful aging

- Discussed another potential bill on the house side that would "authorize" DHHS to create an adult dental health benefit supported by Delegate McKay from Alleghany County and Hancock in Washington County.
 Tina Langley will speak with Mary Anderson, County Public Information
 Office, to determine if a NACO discount dental program PR plan is being
- b. The Montgomery County, Md. Dementia Friendly America Action Team last met on January 18, 2017. Plans are underway for integrating DFAi and Age Friendly America efforts in Montgomery County.

considered.

c. Jeff Goldman explained the link between NEXUS Montgomery and the Primary Care Coalition (PCC). In July 2016, all six Montgomery County hospitals came together with a three year, \$7.5 Maryland Health Services Cost Review Commission (HSCRC) Funded Planning Grant. Regional planning grants create models that focus on high needs patients and related care coordination infrastructure to help achieve above goals. PCC is acting as the neutral convener and project manager.

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	in community.	Shenita Freeman described WISH as a
	d. End of Life Coalition/hospice	community collaborative to improve the
	e. Senior Plus programs	care of seniors who are frail and/or have
		multiple chronic conditions. No cost to
7. Announcements	7. Stakeholder's Meeting: March 29th, 8:30am-	participants. The three year grant aligns
	12:30pm, Silver Spring Civic Center	with the Triple Aim (Better Health, Better
		Care, Lower Cost). Goals: reduce
8. Other Business/Next	8. Next Meeting: March 7, 2017 9:00am – 10:30am	admissions, reduce readmissions and
Meeting		reduce ED visits. In early stages of
		implementation. Started with senior living
		residents with Medicare. Open to seniors
		living in greater community this spring.
		Core Values of Model:
		 Holistic and engages and activates
		individuals in their own self-
		management,
		 Identifies and addresses the
		medical and social factors that
		place individuals at risk of hospital
		and emergency department
		utilization,
		 Meets individuals "where they
		are," providing or arranging for
		medical and social interventions
		specific to the individual's needs
		and readiness to engage, and
		 Leverages available community
		resources and optimizes the care
		coordination team to avoid
		duplication of effort and cost.